TOTUS LUNCH

STARTERS		EASY EATS	
GARLIC BREAD GFO	8.9	CHICKEN SCHNITTY ON TOASTED SOURDOUGH SANDWICH GFO	24.5
TOASTED TURKISH GFO w/ beetroot hummus & olives	15.5	mixed leaves, slaw, cheese, aioli & chips FISH TACOS (3)	23.5
ROAST PUMPKIN & ROSEMARY ARANCINI BALLS	15.9	crumbed barramundi, crunchy slaw, tomato salsa & sriracha mayo	
w/ aioli TOASTIES		LOTUS CLUB SANDWICH GFO charred chicken, bacon, cheese, mixed leaves, tomato, aioli & chips	25.5
GRILLED CHICKEN CAESAR ON TOASTED TURKISH GFO w/ char grilled chicken, crispy bacon, fried egg, aged parmesan, cos lettuce & caesar dressing served w/ fat chips & aioli	24.9	BEETROOT & PUMPKIN SALAD GFO/VE spiced chicken, pumpkin, quinoa, mixed leaves, rocket, feta & herb dressing	26.9
BBQ CHICKEN ON TOASTED TURKISH 6F0 spiced chicken, crispy bacon, caramelised onion,	24.9	HUNTER VALLEY GOATS CHEESE TART roasted pumpkin, mushroom, pine nuts, sweet onion, cherry tomato, rocket & parmesan salad	25.9
tomato, cheddar, smashed avocado, leaves, relish, aioli & fat chips		SPICED CHICKEN	26.9
TOASTED DOUBLE EGG & BACON TURKISH ROLL GFO	16.9	israeli cous cous, roasted pumpkin, eggplant, pistachios & beetroot hummus	
double egg & bacon on a turkish roll w/ tasty cheese tomato jam & spinach	ı	WAGYU BEEF BURGER GFO	25.5
LOCALLY SMOKED HAM & CHEESE CROISSANT GFO	13.9	sharp cheddar, bacon, pickles, tomato, american mustard, BBQ sauce, lettuce & caramelized onion on a soft milk bun w/ aioli chips	
SALADS		SALT & PEPPER SQUID GFO	27.9
VEGAN BOWL GFD/V baby english spinach, avocado, pickled beetroot,	22.9	cos lettuce, cucumber, asian salad, roasted cashews & namjim mayo	
quinoa, salt baked sweet potato, edamame beans, pepita, lemon & house dressing		CAPE GRIM STEAK SANDWICH 6F0 w/ bacon, roasted beetroot, cheddar, mixed leaves,	27.9
CURED SALMON POKE BOWL GFO/VE/V atlantic salmon, brown rice, quinoa, avocado,	26.9	caramelised onion, house bbq sauce & truffle aioli served w/ fat chips	/
wakame, roasted pumpkin, macadamia nuts & ponzu dressing		LOTUS MEZZE PLATE GFO salt & pepper squid, grilled chorizo, marinated olives, spiced	32.5
EARTH BOWL GFO/VE/V roast pumpkin, spinach, dukkha, charred zucchini,	22.9	chicken, roast pumpkin, arancini balls, charred zucchini, beetroot hummus w/ turkish bread	
avocado, warm quinoa, kimchi, toasted pepitas & sunflower seeds, haloumi & beetroot hummus		STONE & WOOD BEER BATTERED SNAPPER GFO fat chips, crunchy slaw, lemon & tartare	29.9
add smoked salmon add grilled chicken	6.9 5.9	HAND ROLLED PASTA GFO	32.5
CEASER SALAD GFO/V	22.5	king prawns, calamari, parmesan cheese, garlic, olive oil, rocket & chilli	
baby cos lettuce, parmesan, crispy bacon, poached egg with sourdough croutons		THAI FISH CAKE STACK GFO	25.9
add smoked salmon add grilled chicken	6.9	kaffir lime, ginger, asian salad w/ a pineapple compote SEAFOOD PLATE	36.9
PRAWN & WATERMELON SALAD GFO	5.9 27.9	grilled prawns, snapper fillet, salt & pepper squid, fat chips,	00.0
grilled prawns, feta cheese, rocket, spinach,	27.5	crunchy slaw & lemon tartare	
cucumber, mint, walnuts w/ a chili lime dressing		CHILDREN'S MENU	ALL 12.
BBQ CALAMARI SALAD char grilled calamari w/ a greek village salad & balsamic	26.9	FRESHLY CRUMBED SCHNITZEL 6F0 shoestring fries & salad	
		LIGHTLY BATTERED FISH GFO	
SIDES SEA SALT CHIPS w/ aioli	10.9	shoestring fries & salad	
FRENCH FRIES & SAUCE	9.9	HAND ROLLED PASTA V	
SWEET POTATO CHIPS w/ sriracha mayo	10.9	house made napoli sauce & chesse	

VE = VEGAN OPTION AVAILABLE V = VEGETARIAN OPTIONS AVAILABLE GF: GLUTEN FREE | GFO: GLUTEN FREE OPTION AVAILABLE

FULLY LICENSED SORRY, WE DO NOT SPLIT BILLS.

15% SURCHARGE APPLIES ON PUBLIC HOLIDAYS.